

NATASHA L. HERZ, MD

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PRACTICE AND AFFILIATIONS

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|-----------------|---|
| 08/2007-present | Family Eye Care and Surgery Owner Rockville, MD |
| 08/2007-present | Adventist Hospital at White Oak Medical Center Chairman, Department of Ophthalmology Silver Spring, MD |
| 12/2007-01/2009 | Suburban Hospital Active Staff Bethesda, MD |
| 12/2007-06/2008 | Georgetown University School of Medicine Assistant Clinical Professor of Ophthalmology Washington, D.C. |
| 07/2006-07/2007 | Houston Eye Associates Weekend Call Coverage Houston, TX |

EDUCATION

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| Fellowship: | Baylor College of Medicine Cullen Eye Institute Houston, TX Cornea, Refractive and Anterior Segment 2006-2007 |
| Residency: | Baylor College of Medicine Cullen Eye Institute Houston, TX Ophthalmology 2003-2006 |
| Internship: | Baylor College of Medicine Houston, TX Transitional Program 2002-2003 |
| Medical School: | University of Oklahoma College of Medicine Oklahoma City, OK Doctor of Medicine, June 2002 |
| College: | Oral Roberts University Tulsa, OK Bachelor of Science, Biology, December 1996 |

LICENSURE

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| Maryland | 2007 – present |
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BOARD CERTIFICATION

American Board of Ophthalmology

10/2007-12/2027

PROFESSIONAL ACTIVITIES AND HONORS

2019-present Presidential Appointee of Executive Board, Montgomery County Medical Society
2017-2018 President, Montgomery County Medical Society
2017 Leadership Development Program, American Academy of Ophthalmology
2015 Secretariat Award, American Academy of Ophthalmology
2015 Vice President, Montgomery County Medical Society
2015-2019 Communications Secretariat, American Academy of Ophthalmology
2013-2014 Treasurer, Montgomery County Medical Society
2012 Achievement Award, American Academy of Ophthalmology
2012-2017 *Washingtonian* Top Doctors
2012-2013 Member at Large, Executive Committee, Montgomery County Medical Society
2012 Chair, Young Physician Committee, Montgomery County Medical Society
2012-2016 Member, Young Ophthalmologist Committee, American Academy of Ophthalmology
2012 Member, Women in Medicine Committee, Montgomery County Medical Society
2011-2016 Chair, Young Ophthalmologist Editorial Board, American Academy of Ophthalmology
2010-2012 EyeWiki Refractive Editorial Board
2008-2011 Young Ophthalmologist Editorial Board, American Academy of Ophthalmology
2008-present Montgomery County Medical Society
2003-present Fellow, American Academy of Ophthalmology

HONORS/AWARDS

GRADUATE

2006 Honorable Mention in Cornea Posters at American Society of Cataract and Refractive Surgery
2005 Best Poster Award in Orbit, Lacrimal, Plastic Surgery at American Academy of Ophthalmology
2005 Everett L. Goar Award, *First Place* for best resident research presentation
2003-2006 Resident Representative to Ophthalmology Faculty Meetings
2002-2003 Resident Representative to Graduate Medical Education Committee
2002 Doctor of Medicine *with distinction*
2002 Alpha Omega Alpha Honor Medical Society
2002 Janet M. Glasgow Memorial Achievement Citation for women in top 10% of class
2000-2002 Phi Kappa Phi
1998-2000 Dr. E.M. Gullatt Scholar for Exceptional Academic Record
2000 Vernino-Vannatta Award Finalist for Excellence in Interpersonal Skills
1999 Future Physicians of Oklahoma Award

UNDERGRADUATE

1996 *Summa Cum Laude*, B.S. in Biology, Oral Roberts University
1996 Outstanding Senior for Biology Major
1993-1996 Regent's Scholarship
1993-1996 Valedictorian Scholarship
1993-1996 Music Talent Scholarship - *flute*
1993-1996 National Honors Society - *Vice President of Activities*
1993-1996 Presidential Honor Roll
1993-1996 Alpha Epsilon Delta Pre-Medical Honors Society
- *Oklahoma Gamma Chapter National Representative*

PUBLIC SERVICE

2009- present Project Access – Gaithersburg, MD Free Clinic
2005 Hurricane Katrina – Red Cross Volunteer for Ophthalmic Care

INVITED LECTURES

Herpes Simplex Keratitis. N.L. Herz

Presented: Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, Aug 2017

Dropleas Cataract Surgery. N.L. Herz

Presented: Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, Aug 2016

Phacoemulsification versus Femtosecond Laser-Assisted Cataract Surgery. N.L. Herz

Presented: Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, Jan 2015

Advances in Medical and Surgical Treatment of Fuchs Corneal Dystrophy. N.L. Herz

Presented: Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, Feb 2014

Microbial Keratitis. N.L. Herz

Presented: Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, April 2013

Breakthrough in Corneal Surgery Significantly Shortens Visual Recovery. N.L. Herz

Presented: 23rd Biennial Walter Reed Ophthalmology Postgraduate Course and Alumni Meeting, Mar 2008

Predictive Error of Intraocular Lens Power Calculations for Second Eye Based on Refractive Outcome of First Eye. N.L. Herz, D.D. Koch, L. Wang. Cullen Eye Institute, Baylor College of Medicine, Houston, TX

Presented: 44th Baylor Ophthalmology Alumni Association Meeting, Houston, TX, June 2007

Presented: American Society of Cataract and Refractive Surgery, San Diego, CA, April 2007

Rapidly Progressive Cataract and Iris Atrophy during Treatment for Acanthamoeba Keratitis, N.L.

Herz, A.Y. Matoba, K.R. Wilhelmus, D.B. Jones. Cullen Eye Institute, Baylor College of Medicine, Houston, TX

Presented: 43rd Baylor Ophthalmology Alumni Association Meeting, Houston, TX, June 2006

Presented: Cornea Lectureship, Cullen Eye Institute, Houston, TX, April 2005

Modulation of Sensory Photophobia in Essential Blepharospasm with Chromatic Lenses, N.L. Herz, M.T. Yen. Cullen Eye Institute, Baylor College of Medicine, Houston, TX

Presented: American Academy of Ophthalmology Annual Meeting, Chicago, IL, October 2005

Presented: 42nd Baylor Ophthalmology Alumni Association Meeting, Houston, TX, June 2005

Presented: Association for Research in Vision and Ophthalmology, Ft Lauderdale, FL, April 2005

Presented: 41st Baylor Ophthalmology Alumni Association Meeting, Houston, TX, June 2004

Prognostic Indicators of Visual Outcome in 117 Traumatic Cataracts, N.L. Herz, C. Bradford. Dean A. McGee Eye Institute, University of Oklahoma Health Sciences Center, Oklahoma City, OK

Presented: Dean A. McGee Eye Institute Annual Alumni Day, Oklahoma City, OK, June 2002; Manuscript Complete.

Sodium Modification of Lithium Toxicity in Aquatic Systems, N.L. Herz, L. Kszos. U.S. Department of Energy, Oak Ridge National Laboratory, Oak Ridge, TN

Presented: Oak Ridge National Laboratory Research Symposium, Oak Ridge, TN, April 1997

Nuclear Protein Response to Mitochondrial Damage, N.L. Herz, P. Carl. Summer Undergraduate Research Experience Fellow, University of North Carolina, Chapel Hill, NC

Presented: Oklahoma Academy of Sciences, Tulsa, OK, October 1996

Presented: Summer Undergraduate Research Experience Symposium, Chapel Hill, NC, July 1996

UNIVERSITY SERVICE

Cullen Eye Institute Surgical Skills Lab Instructor and Coordinator 2004-2007

Cullen Eye Institute Education Committee Resident Representative 2003-2006

TEACHING ACTIVITIES

Preparation for Premium IOL Implantation

Role: Lecturer

Washington Hospital Center, October 2009

Cataract and Cornea Board Review

Role: Lecturer

Washington Hospital Center, annually from 2008-2013

Diagnosis and Treatment of Microbial Keratitis

Role: Lecturer

Baylor College of Medicine, Cullen Eye Institute, July 2007

Ben Taub County Hospital

Role: Supervisor of Resident Surgery PGY2-4

Baylor College of Medicine, Cullen Eye Institute, 2006-2007

Michael E. Debakey Veterans Affairs Medical Center

Role: Supervisor of Resident Surgery PGY2-4

Baylor College of Medicine, Cullen Eye Institute, 2006-2007

Basic and Advanced Phaco Techniques – A Skills Transfer Course

Role: Lecturer and Course Director

Baylor College of Medicine, University of Texas at Houston, University of Texas at Galveston

Cullen Eye Institute Surgical Lab, November 2006

Iris Repair: McCannel Suture and Pupillary Cerclage Techniques - A Skills Transfer Course

Role: Course Director

Baylor College of Medicine, Cullen Eye Institute Surgical Lab, October 2006

Basic Suturing Skills – A Skills Transfer Course

Role: Lecturer and Course Director

Baylor College of Medicine, Cullen Eye Institute Surgical Lab, September 2006

RESEARCH AND PUBLICATIONS

Publication: Herz NH. Which Type of Practice Works Best for You: Solo, Multisubspecialty, or Academic? Life in a solo practice. EyeNet: YO Supplement 2015 August: 5-6.

Publication: Herz NH. Good Hands, Cool Head: Five Tips to Becoming a Surgical Superstar. YO Info Resident Edition 2015

Publication: Herz NH. So You Want to Be a Surgical Superstar? YO Info Resident Edition 2014: 8.

Publication: Herz N, Wang L, Koch D. "Chapter 90: Tracking and (iris) registration." Corneal Surgery: Theory, Technique and Tissue. 4th edn. Ed. Brightbill F. China: Mosby Elsevier, 2009. 797-805.

Rapidly Progressive Cataract and Iris Atrophy During Treatment for Acanthamoeba Keratitis, N.L. Herz, A.Y. Matoba, K.R. Wilhelmus, D.B. Jones. Cullen Eye Institute, Baylor College of Medicine, Houston, TX

Publication: Herz NH, Matoba AY, Wilhelmus KR. Rapidly Progressive Cataract and Iris Atrophy during Treatment of *Acanthamoeba* Keratitis. Ophthalmology 2008 May; 115(5): 866-9.

Modulation of Sensory Photophobia in Essential Blepharospasm with Chromatic Lenses, N.L. Herz, M.T. Yen. Cullen Eye Institute, Baylor College of Medicine, Houston, TX

Publication: Herz NH, Yen MT. Modulation of Sensory Photophobia in Essential Blepharospasm with Chromatic Lenses. Ophthalmology 2005 Dec; 112(12): 2208-2211.

NEWS AND MEDIA INTERVIEWS

Real Simple Magazine: "Busy Philipps's Sunburned Eyes Sent Her to the ER—Could It Happen to You?" March 30, 2018

Connecticut Post: "Eye see: Exercising your peepers won't improve sight," May 6, 2016

Real Simple Magazine: "11 Important Habits That Keep Your Eyes Healthy," May 2016

HOPE Channel Interview: Go Healthy For Good with Nerida McKibben, MD

Broadcast: Visual Acuity & LASIK, January 21, 2016

Broadcast: Diabetes Complications, April 9, 2015

Broadcast: Eye Health, March 26, 2015

WTOP Radio Interview: Bob Costas' Olympic Eye Infection, What You Need to Know

Broadcast: Feb 12th, 2014

WTOP Radio Interview: Temporary Blindness and Which Sunglasses to Choose

Broadcast: Dec 05th, 2012

Washington Adventist Hospital Online Educational Video: A Clear Outlook On Life: Innovative Eye Surgery Helps Patients Step Out From Behind the Lens. Spring 2012

Gazette Health: Now See Here, What You Can & Can't Do About Age-Related Eye Diseases. KF Clarkson. Spring 2011

WUSA News Interview: Seeing Better.

Broadcast: October 2009

INTERESTS

Volleyball, tennis, ping-pong, hiking
Wildflower identification and design
Flute, singing, theater