

# NATASHA L. HERZ, MD

611 ROCKVILLE PIKE, SUITE 120 • ROCKVILLE, MD 20852  
PHONE (240)328-6812 • WWW.FAMILYECS.COM

## PRACTICE AND AFFILIATIONS

---

08/2007-present	Family Eye Care and Surgery Owner Rockville, MD
08/2007-present	Washington Adventist Hospital Chairman, Department of Ophthalmology Takoma Park, MD
12/2007-01/2009	Suburban Hospital Active Staff Bethesda, MD
12/2007-06/2008	Georgetown University School of Medicine Assistant Clinical Professor of Ophthalmology Washington, D.C.
07/2006-07/2007	Houston Eye Associates Weekend Call Coverage Houston, TX

## EDUCATION

---

Fellowship:	Baylor College of Medicine Cullen Eye Institute Houston, TX Cornea, Refractive and Anterior Segment 2006-2007
Residency:	Baylor College of Medicine Cullen Eye Institute Houston, TX Ophthalmology 2003-2006
Internship:	Baylor College of Medicine Houston, TX Transitional Program 2002-2003
Medical School:	University of Oklahoma College of Medicine Oklahoma City, OK Doctor of Medicine, June 2002
College:	Oral Roberts University Tulsa, OK Bachelor of Science, Biology, December 1996

## LICENSURE

---

Maryland	2007 – present
----------	----------------

---

**BOARD CERTIFICATION**

---

American Board of Ophthalmology

10/2007-12/2027

---

**PROFESSIONAL ACTIVITIES AND HONORS**

---

2017-2018 President, Montgomery County Medical Society  
2017 Leadership Development Program, American Academy of Ophthalmology  
2015 Secretariat Award, American Academy of Ophthalmology  
2015 Vice President, Montgomery County Medical Society  
2015-present Communications Secretariat, American Academy of Ophthalmology  
2013-2014 Treasurer, Montgomery County Medical Society  
2012 Achievement Award, American Academy of Ophthalmology  
2012-2017 *Washingtonian* Top Doctors  
2012-2013 Member at Large, Executive Committee, Montgomery County Medical Society  
2012 Chair, Young Physician Committee, Montgomery County Medical Society  
2012-2016 Member, Young Ophthalmologist Committee, American Academy of Ophthalmology  
2012 Member, Women in Medicine Committee, Montgomery County Medical Society  
2011-2016 Chair, Young Ophthalmologist Editorial Board, American Academy of Ophthalmology  
2010-2012 EyeWiki Refractive Editorial Board  
2008-2011 Young Ophthalmologist Editorial Board, American Academy of Ophthalmology  
2008-present Montgomery County Medical Society  
2003-present Fellow, American Academy of Ophthalmology

---

**HONORS/AWARDS**

---

*GRADUATE*

2006 Honorable Mention in Cornea Posters at American Society of Cataract and Refractive Surgery  
2005 Best Poster Award in Orbit, Lacrimal, Plastic Surgery at American Academy of Ophthalmology  
2005 Everett L. Goar Award, *First Place* for best resident research presentation  
2003-2006 Resident Representative to Ophthalmology Faculty Meetings  
2002-2003 Resident Representative to Graduate Medical Education Committee  
2002 Doctor of Medicine *with distinction*  
2002 Alpha Omega Alpha Honor Medical Society  
2002 Janet M. Glasgow Memorial Achievement Citation for women in top 10% of class  
2000-2002 Phi Kappa Phi  
1998-2000 Dr. E.M. Gullatt Scholar for Exceptional Academic Record  
2000 Vernino-Vannatta Award Finalist for Excellence in Interpersonal Skills  
1999 Future Physicians of Oklahoma Award

*UNDERGRADUATE*

1996 *Summa Cum Laude*, B.S. in Biology, Oral Roberts University  
1996 Outstanding Senior for Biology Major  
1993-1996 Regent's Scholarship  
1993-1996 Valedictorian Scholarship  
1993-1996 Music Talent Scholarship - *flute*  
1993-1996 National Honors Society - *Vice President of Activities*  
1993-1996 Presidential Honor Roll  
1993-1996 Alpha Epsilon Delta Pre-Medical Honors Society  
- *Oklahoma Gamma Chapter National Representative*

---

**PUBLIC SERVICE**

---

2009- present    Project Access – Gaithersburg, MD Free Clinic  
2005              Hurricane Katrina – Red Cross Volunteer for Ophthalmic Care

---

**INVITED LECTURES**

---

**Herpes Simplex Keratitis. N.L. Herz**

**Presented:** Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, Aug 2017

**Dropleas Cataract Surgery. N.L. Herz**

**Presented:** Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, Aug 2016

**Phacoemulsification versus Femtosecond Laser-Assisted Cataract Surgery. N.L. Herz**

**Presented:** Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, Jan 2015

**Advances in Medical and Surgical Treatment of Fuchs Corneal Dystrophy. N.L. Herz**

**Presented:** Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, Feb 2014

**Microbial Keratitis. N.L. Herz**

**Presented:** Retina Associates 2hr C.O.P.E. certified Optometric Continuing Education Course, April 2013

**Breakthrough in Corneal Surgery Significantly Shortens Visual Recovery. N.L. Herz**

**Presented:** 23rd Biennial Walter Reed Ophthalmology Postgraduate Course and Alumni Meeting, Mar 2008

**Predictive Error of Intraocular Lens Power Calculations for Second Eye Based on Refractive Outcome of First Eye. N.L. Herz, D.D. Koch, L. Wang. Cullen Eye Institute, Baylor College of Medicine, Houston, TX**

**Presented:** 44<sup>th</sup> Baylor Ophthalmology Alumni Association Meeting, Houston, TX, June 2007

**Presented:** American Society of Cataract and Refractive Surgery, San Diego, CA, April 2007

**Rapidly Progressive Cataract and Iris Atrophy during Treatment for Acanthamoeba Keratitis, N.L.**

**Herz, A.Y. Matoba, K.R. Wilhelmus, D.B. Jones. Cullen Eye Institute, Baylor College of Medicine, Houston, TX**

**Presented:** 43<sup>rd</sup> Baylor Ophthalmology Alumni Association Meeting, Houston, TX, June 2006

**Presented:** Cornea Lectureship, Cullen Eye Institute, Houston, TX, April 2005

**Modulation of Sensory Photophobia in Essential Blepharospasm with Chromatic Lenses, N.L. Herz, M.T. Yen. Cullen Eye Institute, Baylor College of Medicine, Houston, TX**

**Presented:** American Academy of Ophthalmology Annual Meeting, Chicago, IL, October 2005

**Presented:** 42<sup>nd</sup> Baylor Ophthalmology Alumni Association Meeting, Houston, TX, June 2005

**Presented:** Association for Research in Vision and Ophthalmology, Ft Lauderdale, FL, April 2005

**Presented:** 41<sup>st</sup> Baylor Ophthalmology Alumni Association Meeting, Houston, TX, June 2004

**Prognostic Indicators of Visual Outcome in 117 Traumatic Cataracts, N.L. Herz, C. Bradford. Dean A. McGee Eye Institute, University of Oklahoma Health Sciences Center, Oklahoma City, OK**

**Presented:** Dean A. McGee Eye Institute Annual Alumni Day, Oklahoma City, OK, June 2002; Manuscript Complete.

**Sodium Modification of Lithium Toxicity in Aquatic Systems, N.L. Herz, L. Kszos. U.S. Department of Energy, Oak Ridge National Laboratory, Oak Ridge, TN**

**Presented:** Oak Ridge National Laboratory Research Symposium, Oak Ridge, TN, April 1997

**Nuclear Protein Response to Mitochondrial Damage**, N.L. Herz, P. Carl. Summer Undergraduate Research Experience Fellow, University of North Carolina, Chapel Hill, NC

**Presented:** Oklahoma Academy of Sciences, Tulsa, OK, October 1996

**Presented:** Summer Undergraduate Research Experience Symposium, Chapel Hill, NC, July 1996

## **UNIVERSITY SERVICE**

---

Cullen Eye Institute Surgical Skills Lab Instructor and Coordinator 2004-2007

Cullen Eye Institute Education Committee Resident Representative 2003-2006

## **TEACHING ACTIVITIES**

---

### **Preparation for Premium IOL Implantation**

**Role:** Lecturer

Washington Hospital Center, October 2009

### **Cataract and Cornea Board Review**

**Role:** Lecturer

Washington Hospital Center, annually from 2008-2013

### **Diagnosis and Treatment of Microbial Keratitis**

**Role:** Lecturer

Baylor College of Medicine, Cullen Eye Institute, July 2007

### **Ben Taub County Hospital**

**Role:** Supervisor of Resident Surgery PGY2-4

Baylor College of Medicine, Cullen Eye Institute, 2006-2007

### **Michael E. Debakey Veterans Affairs Medical Center**

**Role:** Supervisor of Resident Surgery PGY2-4

Baylor College of Medicine, Cullen Eye Institute, 2006-2007

### **Basic and Advanced Phaco Techniques – A Skills Transfer Course**

**Role:** Lecturer and Course Director

Baylor College of Medicine, University of Texas at Houston, University of Texas at Galveston

Cullen Eye Institute Surgical Lab, November 2006

### **Iris Repair: McCannel Suture and Pupillary Cerclage Techniques - A Skills Transfer Course**

**Role:** Course Director

Baylor College of Medicine, Cullen Eye Institute Surgical Lab, October 2006

### **Basic Suturing Skills – A Skills Transfer Course**

**Role:** Lecturer and Course Director

Baylor College of Medicine, Cullen Eye Institute Surgical Lab, September 2006

---

## RESEARCH AND PUBLICATIONS

---

**Publication:** Herz NH. Which Type of Practice Works Best for You: Solo, Multisubspecialty, or Academic? Life in a solo practice. EyeNet: YO Supplement 2015 August: 5-6.

**Publication:** Herz NH. Good Hands, Cool Head: Five Tips to Becoming a Surgical Superstar. YO Info Resident Edition 2015

**Publication:** Herz NH. So You Want to Be a Surgical Superstar? YO Info Resident Edition 2014: 8.

**Publication:** Herz N, Wang L, Koch D. "Chapter 90: Tracking and (iris) registration." Corneal Surgery: Theory, Technique and Tissue. 4<sup>th</sup> edn. Ed. Brightbill F. China: Mosby Elsevier, 2009. 797-805.

**Rapidly Progressive Cataract and Iris Atrophy During Treatment for Acanthamoeba Keratitis**, N.L. Herz, A.Y. Matoba, K.R. Wilhelmus, D.B. Jones. Cullen Eye Institute, Baylor College of Medicine, Houston, TX

**Publication:** Herz NH, Matoba AY, Wilhelmus KR. Rapidly Progressive Cataract and Iris Atrophy during Treatment of *Acanthamoeba* Keratitis. Ophthalmology 2008 May; 115(5): 866-9.

**Modulation of Sensory Photophobia in Essential Blepharospasm with Chromatic Lenses**, N.L. Herz, M.T. Yen. Cullen Eye Institute, Baylor College of Medicine, Houston, TX

**Publication:** Herz NH, Yen MT. Modulation of Sensory Photophobia in Essential Blepharospasm with Chromatic Lenses. Ophthalmology 2005 Dec; 112(12): 2208-2211.

---

## NEWS AND MEDIA INTERVIEWS

---

**Connecticut Post:** "Eye see: Exercising your peepers won't improve sight," May 6, 2016

**Real Simple Magazine:** "11 Important Habits That Keep Your Eyes Healthy," May 2016

**HOPE Channel Interview:** Go Healthy For Good with Nerida McKibben, MD

**Broadcast:** Visual Acuity & LASIK, January 21, 2016

**Broadcast:** Diabetes Complications, April 9, 2015

**Broadcast:** Eye Health, March 26, 2015

**WTOP Radio Interview:** Bob Costas' Olympic Eye Infection, What You Need to Know

**Broadcast:** Feb 12th, 2014

**WTOP Radio Interview:** Temporary Blindness and Which Sunglasses to Choose

**Broadcast:** Dec 05th, 2012

**Washington Adventist Hospital Online Educational Video:** A Clear Outlook On Life: Innovative Eye Surgery Helps Patients Step Out From Behind the Lens. Spring 2012

**Gazette Health:** Now See Here, What You Can & Can't Do About Age-Related Eye Diseases. KF Clarkson. Spring 2011

**WUSA News Interview:** Seeing Better.

**Broadcast:** October 2009

---

## INTERESTS

---

Volleyball, tennis, ping-pong, hiking  
Wildflower identification and design  
Flute, singing, theater